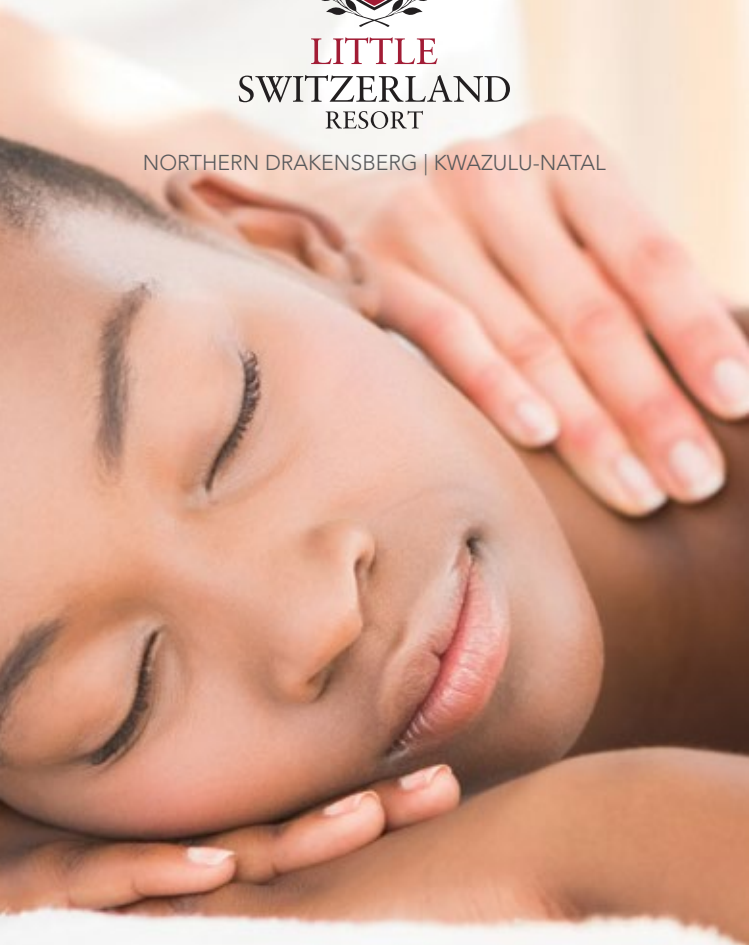




LITTLE
SWITZERLAND
RESORT

NORTHERN DRAKENSBERG | KWAZULU-NATAL



HEALTH & BEAUTY SPA

Part of the  DREAM HOTELS & RESORTS family



REJUVENATE MIND BODY AND SOUL

We have trained therapists to cater to your every need. Relax and indulge in a de-stressing massage treatment to heal, balance and rejuvenate tired, sore or aching muscles using a range of essential oils specifically to suit your needs.

BOOKING IS ESSENTIAL

Please contact Reception by dialling '9' to book a treatment.
Operating hours 9:00 to 18:00





SPA TREATMENTS

TINTING

- Eyelash R85
- Eyebrow R75
- Eyelash and eyebrow R125

WAXING

- Eyebrow R75
- Lip R75
- Chin R65
- Underarm R85
- Half leg R175
- Three quarter leg R210
- Full leg R255
- Bikini R175
- Underarm and bikini R
- Lip, brow and chin R165

FACIALS

RADIANCE REVEALING FACIAL R565

SPECIALISED GATINEAU FACIALS R455

- Aquamemory facial for tired and devitalised skin
- Serenite facial for delicate, irritated and sensitive skin
- Nutriactive facial for dry and very dry skin
- Clear and perfect facial for oily and problematic skin





ULTIMATE LIFTING FACIAL R655

Helps to firm and tone the skin. Helps smooth skin texture, reduce wrinkles and lighten your complexion.

COLLAGEN PLUMPING FACIAL R655

It helps increase collagen levels in the skin. Which will give a more youthful plumped up appearance.

SUPREME SMOOTHING FACIAL 60min R455

The complexion appear more luminous. Wrinkles appear smoothed out, skin looks redensified. Face appears visibly resculpted.

EXECUTIVE GENTS FACIAL 60min R600

The daily rigours of shaving increases the skin's sensitivity and dehydration rate. Just like women, men also need to pay daily attention to their skin to maintain its optimum freshness and tone.

SKIN RENEWAL FACIAL 60min R600

The combined effects of two deep exfoliation treatments. It will not only leave you feeling radiant, but will refine skin texture, reduce wrinkles and lighten your complexion. One hour to a brand new you.

EXPRESS DEEP CLEANSE FACIAL 30min R355

Wash, Steam, Extraction and Moisturise

NAIL CARE & ADD ON'S

DELUXE SPA PEDICURE R 325

For Tired, sore, swollen feet. To hydrate, increase blood Circulation & enhance well-being of feet.

Express pedi or mani R255

Deluxe spa manicure R285

Buff & paint (hands or feet) R155

French polish R125

Paraffin dip (15mins) R110



MASSAGE TREATMENTS

AROMATHERAPY MESSAGES

Full Body	60min	R555
Full Body	80min	R860
Back	30min	R325
Back, Neck and Scalp	45min	R475

HOT STONE MASSAGE

Therapy	60min	R565
Back	30min	R325
Back, Neck and Scalp	45min	R475

SWEDISH MESSAGES

Full Body	60min	R505
Back	30min	R310
Back, Neck and Scalp	45min	R365

POPULAR MESSAGES

Indian head massage	30min	R255
Back, Neck and Shoulder	30min	R310
Deep Tissue Massage	60min	R525
Foot Massage	30min	R310
Hand Massage	30min	R310

THREE IN ONE TREATMENT 60min R505

Indian Head Massage, Foot Massage and Back massage

OR Indian Head Massage, Hand Massage and Back massage.

PLEASE NOTE

- Guests are required to arrive 5 to 10 minutes before their appointment time. If late to arrive, your treatments will be shortened accordingly.
- Any appointments not cancelled 24 hrs in advance will be charged for in full.
- All prices subject to change.



R74 near Oliviershoek Pass, Bergville, Northern Drakensberg

T: +27 (0)36 438 2500 | E: res@lsh.co.za | www.lsh.co.za

Central Reservations: +27 (0) 861 010 347 | www.dreamresorts.co.za



#LittleSwitzerlandSA



DREAM
HOTELS & RESORTS